



Silicone Type Prosthetic Liners

You have been fit with a silicone type locking/cushion or seal in liner. Unless otherwise instructed, please use a gradual break in schedule to allow your body to get used to the liner. Begin wearing the liner one hour today. Add an additional wearing- hour or two per day as tolerated. After you have worn the liner for the required time, remove your liner and inspect your skin. If you have any areas of skin breakdown do not reapply the liner and contact our office for a follow up visit.

When donning your liner, turn the liner inside out and expose as much of the distal surface as possible. Position the liner against the distal end of your limb and with light compression roll upward on your limb. Be sure there are no air pockets once donned. Always roll the liner on your leg, never try to pull or tug on. When using a liner without a textile cover spray alcohol or similar can be used to facilitate donning.

Your liner should be cleaned daily. Turn the liner inside out after use and wash with a mild soap and warm water. Make certain all soap residue is removed on both the inside and outside of the liner. Avoid using a hair dryer or placing near a heater to speed up the drying process as this may damage the device.

Be certain you are comfortable with putting on and taking off your liner and never attempt to modify your liner in any way. Please inspect your liner daily for any signs of wear including cracking, seams coming undone or componentry coming off and call our office if needed. Also, don't hesitate to call if you have any questions about wearing the device. A yearly check up is recommended.

If you were given specific manufacturer care instructions for your orthosis please be sure to follow the directions closely.